

EXTREME HEAT MEDIA RELEASE



Monday, 15 January, 2018

Forecast hot weather prompts SES warning ahead of Tour Down Under

With a long period of hot weather forecast by the Bureau of Meteorology (BoM) for later this week, the South Australian State Emergency Service (SES) is advising spectators and cyclists at this year's Santos Tour Down Under to take care as the temperatures soar.

The BoM has forecast temperatures in the thirties from tomorrow, peaking to a maximum of 41 degrees Celsius on Thursday. A forecast temperature of 36 degrees Celsius is expected for the Bupa Challenge Tour, the mass-participation ride for the general public scheduled for Friday.

SES State Duty Officer Dr Sara Pulford said it was important spectators and cyclists keep well hydrated, as cool as possible and use sunscreen and other sun protection.

"It is going to be hot for this year's Tour Down Under so everyone involved needs to be mindful of the conditions and take the necessary precautions," Dr Pulford said.

"Spectators should also be aware that there may not be much shade available along the course so, apart from sunscreen, they should consider wearing a broad-brimmed hat, sunglasses and light-coloured, loose-fitting clothing.

"Cyclists training for the Bupa Challenge should ride early in the morning or later in the evening when the temperatures are cooler.

"Under no circumstances should young children and pets be left in a parked car, even with the windows open and the air conditioner on," Dr Pulford said.

The SES also strongly advises spectators at this year's event against parking their cars under trees as they can drop branches without warning during hot weather.

For more information on extreme heat visit the SES website www.ses.sa.gov.au or www.sa.gov.au/extremeheat. Weather information can be found at www.bom.gov.au.



For further information visit sa.gov.au/extremeheat



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